



Father's Day • Sunday, June 18, 2017

# 16th annual 3.1 mile run, walk, and youth races to benefit The Brendan Grant Foundation and Memorial Scholarships.

Course: USATF certification code MA14012JK

Events: 9:30 am – 5K Charity Walk  
10:00 am – 5K Road Race  
10:05 am – Free 400m Races (ages 6-12)  
Registration is not required for 400m youth events

Location: Belmont High School Track, Concord Avenue

Amenities: Commemorative T-shirts to first 300 entrants, age-group awards, refreshments, raffle prizes

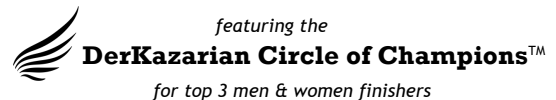
Entry: **Pre-registration: \$28 until June 15th**  
*(All pre-registered entrants will be eligible for a special raffle drawing)*  
Online entry: [brendanshomerun.org](http://brendanshomerun.org) • **On-site entry: \$30**

Reply: The Brendan Grant Foundation  
PO Box 184  
Belmont, MA 02478-0184

More info: 617/489-1514 • [homerun5k@excite.com](mailto:homerun5k@excite.com) •  @TheBrendanGrantFoundation



Course Records  
Louis Serafini: 14:32 (2016) Laura Nagel: 17:15 (2016)



**Entry Form** Each participant must submit a completed form. Please endorse check to: The Brendan Grant Foundation


Name \_\_\_\_\_ Age on race day \_\_\_\_\_

Address \_\_\_\_\_ Gender: Male  Female

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Event: Run  Walk

Age Division (circle one) : (under 20), (20-29), (30-39), (40-49), (50-59), (60 +) T-shirt size: M  L  XL  XXL

If entering as parent/child team, check if you are : Parent  Child  Name of teammate \_\_\_\_\_

 Parent/child teams need to submit both entry forms together by mail, or at registration on race day.

**Release:**  
I hereby for myself, my heirs, executors and administrators waive any and all rights and claims for damages I have against sponsors, race directors, organizers, timers, volunteers, The Brendan Grant Foundation, the Town of Belmont, from any claims whatsoever from any participation in this event. I attest that I, and any participating family member, am physically fit and trained to participate in this event; and grant full permission to use any photographs or other record of this event for any legitimate purpose.

Signature \_\_\_\_\_  
(Parent signature required if under 18 years of age)

THE  
**BRENDAN GRANT**  
FOUNDATION

Presenting Sponsors:  
**Belmont Savings Bank**  
**Fitness Together Belmont**  
**Belmont Dental Group**

Contributing Sponsors:  
Champions Sporting Goods • Belmont Wheelworks  
Moozy's Ice Cream • Waltham Family YMCA  
Heartbreak Hill Running Company